

**2017
PNSW
Canoe Marathon
Championships**



**Burley Griffin Canoe Club
Molonglo River
Morshead Drive, Campbell, ACT**

Saturday, 25 February 2017

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Venue and date

The 2017 PNSW Canoe Marathon Championships will be hosted by Burley Griffin Canoe Club in Canberra, ACT. The championships will be held on the Molonglo River on Saturday, 25 February 2017.



If travelling from eastern NSW, the best route to Molonglo Reach is via the Majura Parkway. If travelling from Canberra city via Parkes Way-Morshed Drive, proceed past Molonglo Reach about half a kilometre and exit left at the U-turn slip way to come back to the park.

Competition committee/major officials

Chief Official – Bob Turner

Competition Manager – Russell Lutton

Safety Officer – Craig Elliott

Timekeepers/Finish Line Judges – PNSW officials

Starter – Bob Turner

Chief Course Umpire – Tom Balaam

Rules and Regulations

The PNSW Canoe Marathon State Championships are conducted under the ICF Canoe Marathon Competition Rules and the Australian Canoeing Marathon Racing Rules.

It is the responsibility of competitors to be familiar with these rules.

Members can access the ICF and AC Marathon Racing Rules at www.regattas.canoe.org.au

Championship program

Please note that all times are Australian Eastern Daylight Savings Time.

Wednesday, 22 February

All entries close (online entry only; see details below)

Saturday, 25 February

08:00-09:30am	Registration Open (Singles)	PNSW marquee
09:30-09:45am	Main briefing	PNSW marquee
10:00am	START – all singles Selection classes first, followed by recreational classes	
12:30-1:15pm	Registration Open (Doubles)	
12:45pm	Medal presentations – all singles	
1:30pm	Update briefing – doubles	PNSW marquee
1:45pm	START – all doubles	
4:15pm	Medal presentations – all doubles	

Entry procedures and age categories

Entries will only be accepted via www.regattas.canoe.org.au online entry system.

There is no provision for entry on the day.

Junior ages are taken as at 1 January 2016.

A Masters competitor can compete in a Masters event in the year he/she reaches the lower limit of the age category—ie, in the 35-39 age group in the year of his/her 35th birthday. Age group categories for singles will commence from age 35-39 and increase upwards in five-year age brackets.

In double events the combined age of the both paddlers will determine the category in which a crew can compete.

Age groups **may** be amalgamated should entry numbers determine such.

Entry fees

General (Adult) entry

- One race entered \$40.00
- Two races entered \$60.00

Juniors, Students, and Masters 65+

- One race entered \$25.00
- Two races entered \$40.00

Critical dates and times

ALL entries close at 11:59pm (AEDT) Wednesday, 22 February 2017.

NO ENTRIES WILL BE ACCEPTED AFTER WED, 22 FEBRUARY 2017

Refund policy

The following refund policy applies to all PNSW marathon events.

1. A \$10:00 administration fee will be applied to any refund.
2. Refunds will only be granted for medical reasons and must be accompanied by a doctors certificate.
3. All requests must be in writing and forwarded to:

Chief Executive Officer
PaddleNSW
PO Box 6971
Silverwater NSW 2128
4. Prior to 14 days before the event, refunds will be in full (\$10 will be kept as an administration fee).
5. Within 14 days of the commencement of the event refunds will be 50% (\$10 will be kept as an administration fee).
6. Within seven days of the commencement of the event no refund will be issued.

This policy was approved by the PNSW Chief Executive Officer and is effective from 1st January 2015.

Singles events - classes, distances and portages

ONE LAP = 3.75KM

AGE	CLASS	DISTANCE	LAPS	PORTAGES
UNDER 12	ALL	3.75KM	1	0
UNDER 14	ALL	11.25KM	3	0
UNDER 16	ALL	15KM	4	1 (LAP 2)
UNDER 18	WK1	15KM	4	3
	MK1	18.75KM	5	4
	MC1	15KM	4	3
UNDER 23	WK1	18.75KM	5	4
	MK1	22.5KM	6	5
OPEN	WK1	22.5KM	6	5
	MK1	26.25KM	7	6
	MC1	22.5KM	6	5

MASTERS - MEN				
AGE	CLASS	DISTANCE	LAPS	PORTAGE
35 - 54	ICF CLASSES	18.75KM	5	4
	ALL OTHER	18.75KM	5	0
55 - 59	ICF CLASSES	15KM	4	3
	ALL OTHER	15KM	4	0
60 - 69	ALL CLASSES	15KM	4	0
70 - 79	ALL CLASSES	7.5KM	2	0
80 - 89	ALL CLASSES	3.75KM	1	0

MASTERS – WOMEN				
AGE	CLASS	DISTANCE	LAPS	PORTAGE
35 – 54	ICF CLASSES	15.00KM	4	3
	ALL OTHER	15.00KM	4	0
55 – 59	ICF CLASSES	11.25KM	3	2
	ALL OTHER	11.25KM	3	0
60 – 69	ALL CLASSES	11.25KM	3	0
70 – 79	ALL CLASSES	7.5KM	2	0
80 – 89	ALL CLASSES	3.75KM	1	0

PARACANOE			
GENDER	CATEGORY	DISTANCE	LAPS
MEN	KL3, KL2	15KM	4
	KL1	11.25KM	3
	VAA	7.5KM	2
WOMEN	KL3, KL2	11.25KM	3
	KL1	7.5KM	2
	VAA	3.75KM	1

Doubles events - classes, distances and portages

ONE LAP = 3.75KM

AGE	CLASS	DISTANCE	LAPS	PORTAGES
UNDER 12	ALL	3.75KM	1	0
UNDER 14	ALL	11.25KM	3	0
UNDER 16	ALL	15KM	4	1, (LAP 2)
UNDER 18	WK2, MC2	15KM	4	3
	MK2	18.75KM	5	4
OPEN	WK2, MC2	18.75KM	5	4
	MK2	22.5KM	6	5

MASTERS (MEN)				
AGE	CLASS	DISTANCE	LAPS	PORTAGE
70 – 99	ICF CLASSES	18.75KM	5	4
	ALL OTHER	18.75KM	5	0
100 – 129	ICF CLASSES	15KM	4	3
	ALL OTHER	15KM	4	0
130 - 159	ALL CLASSES	11.25KM	3	0
160 – 179	ALL CLASSES	7.5KM	2	0

MASTERS (WOMEN & MIXED)				
AGE	CLASS	DISTANCE	LAPS	PORTAGE
70 – 99	ICF CLASSES	15.00KM	4	3
	ALL OTHER	15.00KM	4	0
100 – 129	ICF CLASSES	11.25KM	3	2
	ALL OTHER	11.25KM	3	0
130 - 159	ALL CLASSES	7.5KM	2	0
160 – 179	ALL CLASSES	3.75KM	1	0

PNSW Team selection for AC National Championships

Competitors who wish to nominate for selection in the NSW Team to participate in the 2017 Australian Canoeing National Championships, to be held at the Sydney International Regatta Centre, Old Castlereagh Road, Castlereagh (10-12 March, 2017) must enter, compete and finish in the recognised ICF classes.

The paddler finishing first, in each class, will gain automatic selection.

PNSW Marathon Committee reserves the right to appoint paddlers to the PNSW team at its sole discretion.

46 Bonus Points

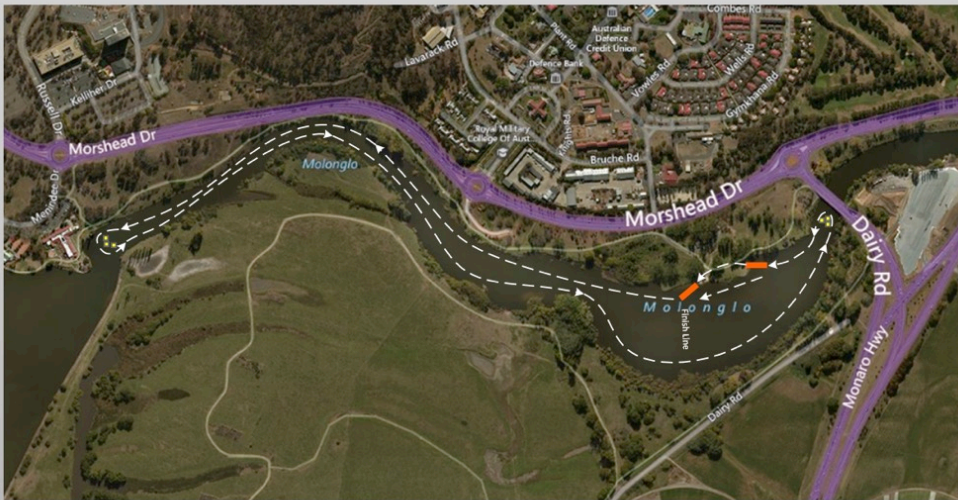
Paddlers entering these State Championships can also earn Bonus Points for their personal pointscore in the 2017 PNSW Marathon Series.

The 46 Bonus Points will be allocated against paddlers' regular "Boat Entry" in the 2017 Series, can be substituted for a lower pointscore result from any of the Marathon Series events in 2017 and may be counted in a paddlers' best 8 results when calculating the end of year total points total.

Note that these Bonus points will not show in the progressive points tally during the year, but will be added at the completion of the last round, and prior to the Awards Dinner.

Course map

BGCC Marathon 3.75km Lap Overview



~ Laps will be counter-clockwise with paddlers staying to the right of the existing marker buoys at all times

Note: Course may change depending on conditions and other unforeseen factors. Final course details will be confirmed at main briefing.

The course will be run over laps of 3.75km in an counter-clockwise direction.

The start line will be adjacent to the PNSW marquee (150 metres east of Molonglo Beach). The finish line will also be adjacent to the PNSW marquee.

From the start, head west along the Molonglo River keeping to the right of the orange marker buoys. Turn anticlockwise at three yellow buoys (just before Molonglo River enters Lake Burley Griffin).

Return up the river keeping to the right of orange buoys. Turn again at three yellow buoys located just before Dairy Road Bridge.

Portage (for selection events) will be clearly marked, in accordance with ICF guidelines, starting on the pontoon just to the east of the PNSW marquee.

The portage course will be clearly marked. Paddlers will re-enter the water from the pontoon at Molonglo Beach.

Competitors in ICF/Selection Class events will portage at the end of each lap, but NOT at the end of their last lap.

Event safety

1. The course is run on a river and can be considered as enclosed water.
2. It can be wind affected in some sections.
3. While every effort will be made to ensure the course is free of debris, it is set on a natural waterway. Competitors should note this advice and in particular keep clear of river banks.
4. Every effort will be made to keep motorised vessels off the course.
5. Competitors should be aware that there could be public recreational paddlers on the course.
6. All canoes/kayaks shall have sufficient fixed or positive buoyancy to float when filled with water.
7. Paddlers in Under 16 classes and above may be required to carry/wear lifejackets, at the discretion of the Competition Committee.
8. All paddlers in Under 12 AND Under 14 classes **MUST** wear a correctly fitted lifejacket. Any Under 12 or Under 14 paddler found removing a lifejacket, or failing to wear one for the duration of their race, will be immediately disqualified.

PNSW and Australian Canoeing recommend that all other paddlers carry or wear a suitable lifejacket.

9. All craft must display the racing number issued at registration for identification and, if necessary, paddlers must state their number when requested by a Race Official. The racing number is to be displayed in an upright position in a number holder that is securely fastened to the craft. The use of tape to secure a racing number is NOT acceptable.
10. All paddlers must notify a Race Official when withdrawing from a race and hand in their number to a Race Official at the finish line.
11. When a paddler is in distress, the first paddler(s) on the scene must render assistance. Failure to do so may incur disqualification.

The Organising Committee will provide safety boats to cover the progress of competitors during the competition.

In the case of opposing traffic, keep right.

Parking

Parking marshals will be in attendance to assist competitors to park their vehicles. Parking is in designated areas close to the river. Under no circumstances should competitors park their vehicles in places that are not designated as assigned parking areas for the regatta.

Registration

Registration will be located at the PNSW marquee adjacent to the river from 8:00am – 9:30am Saturday, 25 February 2017. Registration is compulsory for all paddlers. It advises the organisers that you have arrived for the competition and it confirms your entry.

Scrutineering

Scrutineering of craft is not compulsory prior to the event but equipment may be available for competitors to check their craft. The onus is on the competitor to ensure that their craft meets the required specifications.

Post race scrutineering will be in the area adjacent to the designated exit point (Molonglo Beach). This will be confirmed at the briefing.

NOTE: The first four (4) craft in each constituted class may be impounded and scrutinised for dimensions, weight buoyancy and safety after crossing the finish line. Competitors whose craft fail scrutineering after finishing the race will be disqualified.

Presentations and medals

Medals for the singles events will be presented at 12:45 midday on Saturday.

Medals for the doubles events will be presented at the conclusion of racing on Saturday afternoon, at around 4:00pm.

In keeping with the spirit of good sportsmanship, all competitors are encouraged to stay, observe and participate in the medal presentations.

Enquiries in the first instance should be directed to the PaddleNSW Marathon Committee via email marathon@paddlensw.org.au