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COMPETITORS' BRIEFING

(as at 01/12/16)

AC SPRINT GRAND PRIX 1

WEST LAKES REGATTA CENTRE

ADELAIDE, SOUTH AUSTRALIA

9-11 DECEMBER 2016

Please ensure you read the briefing notes below. If you have any questions, please see the Chief Official before the competition begins, or email to sprint@canoe.org.au

TEAM LEADERS

1.	Team Leader meeting for team leaders and coaches will be held on Thursday 8th December 2016 at 3pm (local time) at the Regatta Restaurant.
2.	<p>All race entry changes, queries, protests and appeals must be submitted to the Competition Committee by your state or NCE Team Leader/Coach. To be confirmed* the Team Leaders at this regatta are:</p> <ul style="list-style-type: none"> • New South Wales/NSWIS: Tim Jacobs / Christine Duff • Queensland/QAS: TBC* • South Australia/SASI: Nathan Luce / Kris Lepianka • Victoria: TBC* • Tasmania/TIS: TBC* • Western Australia/WAIS: Ramon Andersson • AC National Coaches/Manager: David Foureux, Andrea King, Anna Wood, Christine Bain <p>* Note: Team Leaders are required to represent ALL their respective State entries. Individual athletes are not to represent themselves to the tower unless specifically requested to do so.</p>

COMPETITION COMMITTEE

3.	<p>AC will appoint the following officials to oversee the competition:</p> <p>Competition Committee: TBC</p> <p>Jury: TBC</p>
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RULES

4.	<p>This event is being conducted under the Australian Canoeing Canoe Sprint Racing Competition Rules. The ICF Canoe Sprint Racing Competition Rules (2015) therefore apply as modified by the Australian Rules and this document. The event is also conducted under the bylaws of Australian Canoeing. The Chief Official shall decide all matters arising during the actual competition, which is not dealt within these rules.</p>
5.	<p>It is the competitors' responsibility to know the rules of the competition. Any competitor who is unsure of any detail, or has a problem concerning the running of the championships should seek clarification via their Team Leader from the Chief Official.</p>



6.	Vocal coaching, keeping pace cycling or otherwise assisting from the side of the course is not permitted during an event and may result in disqualification of a competitor/s.
7.	It is the responsibility of all competitors to ensure that their boats meet the construction requirements of the ICF rules. Facilities are provided for competitors to check the weight of their boats. The organising committee has lead sheet available for sale for this purpose. It must be paid for in cash - no IOU's will be accepted. The price of the lead is based on materials cost recovery only.
8.	NOTE changes to Rule 8 in the AC Sprint Competition Rules, "The boat must be constructed so that it remains buoyant when filled with water. No part of the athlete's body should be attached to the boat in anyway. Such attachments must be removed prior to weighing." Example no shoes attached to the foot rest during weighing

ENTRIES

9.	Entry fees have been raised to reflect increasing costs associated with running AC events. Entries are now \$105 for juniors and \$155 for seniors (a \$5 increase for both).
10.	Entries are to be finalised at the Team Leaders meeting. Additional Entries after the meeting are not permitted (including K4s). Competitors may scratch entries before the start of the days competition or change team boat composition in Heats and Direct Finals until 90 MINUTES before the start of racing each day. Competitors are not permitted to scratch from Semi-finals or subsequent Finals without the consent of the Chief Official. A doctor's certificate is generally required in such cases. Entry to other events after the scratching will only be considered on written application to the Chief Official.
11.	Late entries will close on the 1st December 2016. The cost of late entry will double the cost - \$210 for juniors and \$310 for Seniors.
12.	Unless alternative payment arrangements have been confirmed in writing with AC, all late fees and reinstatement fees owing from previous regattas have to be paid before a competitor is allowed to race their first event. Otherwise the athlete will not be allowed to paddle. Should an athlete be found to have paddled without having paid their late fees their result may be declared null and void. This WILL include any crew boat in which the athlete may have paddled prior to payment.

PROGRESSIONS

13.	The ICF progressions found in the ICF Canoe Sprint Rules and AC progressions will be
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	published prior to the commencement of the regatta and will be used for this event to place athletes from heats to semis to finals.
14.	ICF progressions will also be used for the Olympic competition events and AC progressions for all non-Olympic events.

PROGRAMMES

15.	Results, updated start lists, and news stories will be published on the Australian Canoeing website www.canoe.org.au under Events/Sprint. Provisional and then final results and race draws are posted on the results board at the finish tower after each race. When available, copies of the original day program with start list will be available from the secretariat approximately 30 minutes before the first race each day. The program will cost \$1. NOTE: the State Team Leader/Manager (as noted in point 2) will be allocated a complimentary start list each day.
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VENUE

16.	Coaches, Team Leaders, Athletes and Parents are not permitted to enter the TOWER and/or designated OFFICIALS ONLY areas. If there is an enquiry, issue, or you have been asked to report to the Chief Official etc., you MUST go to the SECRETARIAT area first to report the enquiry, issue, or to meet the Chief Official etc. Under NO CIRCUMSTANCES are individuals to enter the TOWER and/or other OFFICIALS ONLY areas during competition unless accompanied or directed by a member of the secretariat.
17.	Due to potential impacts of pegs on grass and / or reticulation piping, please refer to local venue maps as to where you can set up your shade. Please see AC staff at the venue before putting up any shade. TO BE CONFIRMED
18.	NO cycling along designated course areas is permitted at regatta venues. Regatta officials are exempt.
19.	Boat trailers and all other vehicles are to park in designated areas only.
20.	The venue will have minimal security each night and a security person will be on site overnight. Boats, trailers and tents may be left overnight at the owner's risk. It is recommended other items not be left at the venue.
21.	When setting up tents participants are asked to be mindful of sprinkler lines which we can point out as per point 16 (above).
22.	It is highly recommended to bring sunscreen and lots of fluids, as the weather could be

	very hot and windy.
23.	Shade is very limited so teams should supply their own shelter.
24.	Food is available at the venue, and there is a shopping centre nearby.

NUMBERS / START / FINISH / POST BOAT CONTROL

25.	There will be 9 racing lanes at West Lakes, which will be 13.5m wide. An automatic Starting System will be used for 200m and 500m races. A pontoon with hand held starts will be used for 1000m races.
26.	All events are scheduled to be conducted on time unless competitors are advised by the announcement of a significant delay. Please be prepared to start your race at the published time. Subsequent races will endeavour to be 'caught up' to scheduled race times so athletes are reminded to be ready by the original and published time of their respective events.
27.	Competitors are required to present at the <u>start line carrying their designated boat number</u> . Should a competitor/competitors present at the <u>start line without their boat number, the boat may be disqualified for the event.</u>
28.	A competitor who arrives too late at the start (this includes presenting to the starter when the start procedure has commenced) or who otherwise does not start, and has no valid reason approved by the Chief Official prior to the start of the event, shall be disqualified from the race in question. Upon payment of the prescribed reinstatement fee the competitor may continue to participate in those other races of the regatta in which the competitor is entered, but otherwise shall be disqualified for the remainder of the regatta. Where a competitor is disqualified under this rule and has no other races remaining in the regatta, the competitor shall not be allowed to enter the next national competition unless the prescribed reinstatement fee has been paid. The reinstatement fee is \$100 for seniors and \$25 for juniors and veterans.
29.	In races up to 1000 metres, competitors are required to <u>keep the whole of their boat within the 4m wide central area of their lane</u> from the start to the finish of the course. Upon any deviation occurring, the boat must go back immediately to this central area. No boat may come nearer than five metres in any direction to the boat of another competitor.
30.	Competitors' attention is drawn to the ruling on false starts. Any competitor who makes a second false start will be disqualified from the race. The decision of the starter will be final.
31.	Due to West Lakes Regatta Centre not having a warm up lake in which competitors can enter the course, competitors are permitted to paddle up the course. However competitors are required to stop their boat while a race is in progress nearby, to



	ensure minimum interference to those racing. Receiving external assistance or coaching is not permitted and may result in a competitor being disqualified.
32.	All races may be subject to Boat Control after the finish. Competitors are required to stay in the finish area clear of other finishing competitors until boat control numbers are advised. If your lane number is called you must exit the water at the post boat control point in the designated area and proceed through the designated transit area to boat control. Only approved Sports Science personnel, AC officials, approved photographers and ASADA officials are permitted in the marked areas. Scales will be made available for weight checking prior to racing. Permission to enter the area is granted by the Chief Official. No discussion with the Chief Official will be entered in to regarding any variation between pre-race and post-race boat weight unless specifically requested by the boat control official.
33.	Competitors must not paddle in close proximity to the starting area while a race is in the process of being started.
34.	Competitors should not congregate in their boats in the vicinity of the finishing line in case they interfere with the judging or the finish of the event in progress. Paddlers are required to present themselves immediately for weighing and / or event presentations and NOT go for warm down unless with the prior permission of the Chief Official.
35.	Boat holders will be available during the regatta for held starts where required.
36.	Lane seeding for heats and direct finals will be based on the current AC 2016 selection rankings.
37.	Competitors' attention is also drawn to the fact that finish line buoys are 'indicative' of the finish line only, and that due to water and/ or wind conditions and / or technical reasons conditions may NOT be in alignment with the photo finish line. Competitors are advised to paddle through the photo finish line to ensure video camera capture prior to ceasing paddling

ASADA

38.	Drug testing maybe carried out during the regatta by representatives from the Australian Sports Anti-Doping Agency (ASADA). Competitors are required to cooperate fully with their requests. Any competitor unsure of his/her obligations should seek clarification from the Chief Official. For further information, please check the ASADA website at https://www.asada.gov.au/
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UNIFORMS

39.	Competitors must wear an officially recognised Club or State uniform . International visitors competing must wear their ICF affiliated country or club uniform. As the wearing of NCE uniforms is not sanctioned for all regattas, the acceptability for use of NCE uniforms will be specifically confirmed at the team mangers meeting .
40.	Any competition paddlers that are not members of an affiliated club of Australian Canoeing are required to compete in either a white T-shirt or white racing singlet to meet the intent of standard club uniform requirements for competition. In the circumstance that a competitor/s wish to wear a lycra or similar material paddling suit in competition, they are to wear a white singlet / T-shirt over such suit, such that any branding or advertising that may be on the suit is not visible in respect of a viewing audience, be it by filming, videography and / or by spectator and / or officials at the venue. Specific sponsor advertising and / or apparel / equipment logo approval must be obtained from Australian Canoeing before those item can be worn / used in AC controlled regattas.

PFD'S

41.	All competitors under 14 years of age must wear approved personal flotation devices in all races. Team Leaders and coaches should ensure that these are available. In the case of adverse conditions the Competition Committee may require that competitors in other age groups wear approved personal flotation devices.
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PROTESTS

42.	Competitors wishing to protest on the result of an event must lodge their protest via their State/Team Manager to the Chief Official within 20 minutes of the completion of that event. The protest must be in writing and accompanied by a \$50.00 protest fee . Official results are to be considered provisional until the 20 minute protest period has elapsed. In the case of a protest being lodged official results will not be confirmed until the Competition Committee has confirmed their decision and the result of the event in question. Team Leaders, athletes and coaches need to be aware that this may in turn impact the timing in which race progressions are published, and numbers released at the numbers station. Should an athlete/s not present themselves to race in a subsequent race progression at a time as determined by the result of a protest, that
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athlete/s will be deemed to be an event DNS and subject to point 27 above. Athletes are also advised to take into account the published regatta schedule when confirming their entries at the Team Leaders meeting prior to the commencement of the regatta as departure for reasons of travel commitments will NOT be accepted as a reason for not starting an event and the ruling in point 27 will apply.

UNSPORTING BEHAVIOUR

43. Australian Canoeing staff, officials and volunteers use their 'best endeavours' to ensure the fair and professional conduct of AC sanctioned competitions. Behaviour detrimental to the good order and conduct of the competition or which is disrespectful to officials and volunteers is not condoned and may result in athletes and / or team officials being sanctioned, disciplined and / or disqualified. In addition, if the Competition Committee is of the opinion that an athlete or crew, does not compete to their ability in a race, which affects their progression in an event or otherwise, they may be disqualified from the event or from the remainder of the regatta. Further, any competitor who acts in a manner unbecoming of a member of Australian Canoeing or brings Australian Canoeing or the sport of canoeing into disrepute may be further subject to Australian Canoeing disciplinary proceedings.

VOLUNTEERS

44. **Please remember that all officials and helpers are working as volunteers at the event. Please treat them with respect and courtesy. Should you have a suggestion for improvement of the regatta process, officiating or conduct of the event please lodge it in writing to the Chief Official at the Secretariat desk.**

ABOVE ALL THE REGATTA IS THERE FOR YOUR PARTICIPATION. PLEASE ENJOY THE OPPORTUNITY AND EXPERIENCE AND GOOD LUCK TO ALL COMPETITORS.