

2016 Half Day Sprint Regatta Series

Date

Saturday 3 September 2016

Saturday 19 November 2016

Venue

Lake Coomera, Watersports Lane, Oxenford. Exit 57 off Pacific Motorway.

Entry Dates and Instructions

Online entry for individuals available here: .

For 3 September 2016 Regatta:

ENTRIES OPEN: 5 August 2016.

ENTRIES CLOSE: 5 pm on the 26 August 2016. No entries will be accepted after this date.

For 19 November 2016 Regatta:

ENTRIES OPEN: 17 October 2016.

ENTRIES CLOSE: 5 pm on the 11 November 2016. No entries will be accepted after this date.

Instructions:

1. If you are a member, you will need your AC membership number, name, address etc.
2. If you are not a member, you will need to register.
3. If you are a member, but one of your crew is not a member, they will need to register before you can enter a race with them.
4. One entry is to be made per craft. If you intend racing a crew boat, you will need to nominate the other member/s of your crew and ensure that they pay their entry fee. No pay no paddle. The system will automatically generate and invoice for your crew based on the Australian Canoeing membership number that you enter for them.
5. You will need to select the distances that you are racing. For each distance that you enter, you need to submit the time that you expect to take to cover that distance (tip – look at your results from last year's State or National Championships, or if you are new to sprint time yourself over the race distances and use those to enter this regatta). 1,000m races will be seeded based on the time that you submit. The first 500m and 200m race that you do will also be seeded based on the time that you submit. The second 500m and 200m races may be re-seeded based on the results of the first races over these distances.

Event Format

The Half Day Regatta format will operate with each entrant racing 1 x 1000m and then a round robin of 500m and 200m. Each entrant will be able to enter a total of 5 races as everyone progresses to a final in the 500 and 200m. Competitors select which craft to race for each distance and nominate an approximate time so that they are seeded. Entries will be open to kayak, canoe, SUP, surf ski.

Each race will be competitive as it will be based on times submitted and will combine age/gender/boat type.

For competitors and spectators alike it should prove to be more fast-paced than a traditional sprint regatta. The QC Sprint Technical Committee would like to encourage all paddlers to come and try this format. For the experienced sprint paddlers it will provide a good opportunity to compete on the regatta course with the pressure of similar speed paddlers beside you that you might not otherwise get until the National Championships, while for those new to sprints or marathon paddlers who always wanted to try sprints, it is a good introduction to the discipline without having to compete in a State Championship level regatta.

Distances

1,000, 500m and 200m

Entry Fee

QC Members \$15

Non QC Members \$25

Payment will NOT be accepted at the event – online payments only.

Refund Policy

1. Requests for refunds must be made in writing to QC Sprints Technical Committee via qc.events@canoe.org.au.
2. Withdrawal prior to 14 days – Refunded amount is the appropriate entry fee less \$10.
3. Withdrawal within 7 to 14 days – Refunded amount is 50% of the appropriate entry fee.
4. Withdrawal within 7 days of the competition - no refund, unless the Committee assesses special circumstances apply (you must advise in writing to the above email address and provide a medical certificate if requested).

Program

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| 7.00 am | Registration |
| 7.15 am | Boat Numbers Issued |
| 7.30 am | Meet in Sand Marshalling Area for Briefing |
| 8.00 am | 1000m Races Start |
| | 500m Races |
| | 200m Races |
| 11.30 am | Races conclude (TBC) |

Competitor's Briefing

Conditions:

- The regatta will be conducted under the ICF Canoe Sprint Racing Competition Rules - Current Version dated 1 January 2015 and AC Canoe Sprint Competition Rules dated 1 January 2015 (<http://canoe.org.au/wp-content/uploads/2013/06/2015-AC-Sprint-Competition-Rules-FINAL-V2.pdf>). It is the responsibility of the competitor to be familiar with these rules.
- Changes and withdrawals to entries will be accepted via email to qc.events@canoe.org.au up 2 working days before the event (COB Thursday 1 September for 3 September Regatta, and COB Thursday 17 November 2016 for 19 November Regatta).
- In the event of a race cancellation due to cyclone, storm, rain, inclement weather, or other "Act of God" conditions, entry fees shall be non refundable.

Briefing:

- Any competitor 14 years and under or who cannot swim or is not a strong swimmer must wear a life jacket (minimum standard Type 2). Students are to abide by their schools requirements.
- All craft must have positive or fixed buoyancy, or be constructed of material that floats horizontal when full of water.
- Swimming in Lake Coomera is NOT permitted during the regatta.
- Rocks on the side of the course are Out of Bounds to all athletes and spectators.



- Competitors are ONLY to enter and exit the water at the designated embarkation area.
- Competitors are to be in the Beach Marshalling Area with sufficient time before their race. Any paddler who fails to compete in an event without advising the Event Management Committee in writing prior to the commencement of the nominated race may be disqualified.
- At the start competitors line up with the lane number to their left.
- Competitors should remain as close as possible to the centre of their lane during the race.
- The start commands will be - Ready, Set, GO!
- In addition to the established AC and ICF rule, the Event Management Committee may instruct the starter to enforce a “next false start and out rule” to ensure the smooth running of the competition according to the published time schedule.
- Competitors must not paddle in close proximity to the start area while a race is in the process of being started.
- It is the competitors' responsibility to know the rules of the competition.
- Any competitor who is unsure of any detail, or has a problem concerning the running of the championships should seek clarification through their team manager or coach to the Event Management Committee.
- Competitors should not congregate in their boats in the vicinity of the finishing line in case they interfere with the judging or the finish of the event in progress
- Any protests must be delivered to the Event Management Committee within 30 minutes of the completion of the relevant race/incident by either the team manager or the coach.



- Competitors in the vicinity of the course (paddling to the start) should stop their boat while a race is in progress nearby, to ensure minimum interference to those racing. This is particularly relevant when paddling on the course to get to the start line.
- Any competitor who displays behaviour detrimental to the good order and conduct of the competition may be disciplined or disqualified.
- Competitors are not permitted to paddle alongside a race in progress.
- Receiving external assistance is not permitted.
- Competitors are reminded to apply sunscreen regularly throughout the days of competition and to remain hydrated.
- If competitors are members of clubs, club colours are to be worn whilst competing at the championships. Australian uniforms are NOT permitted. All competitors must wear appropriate upper body clothing. Failure to do so may result in not being allowed to start or disqualification.