

COMPETITORS' BRIEFING

(as at 26/02/16)

AUSTRALIAN CANOEING

NATIONAL CHAMPIONSHIPS

&

OLYMPIC NOMINATION TRIALS

CHAMPION LAKES

PERTH

WESTERN AUSTRALIA

2-6 MARCH 2016

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Please ensure you read the briefing notes below. If you have any questions, please see the Chief Official before the competition begins, or email to sprint@canoe.org.au

TEAM LEADERS

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| 1. | <p>Team Leader meeting for team managers and coaches will be held on Tuesday 1st March 2016 at 1pm (local time) in the course lounge area.</p> |
| 2. | <p>All race entry changes, queries, protests and appeals must be submitted to the Competition Committee by your state or NCE Team Leader/Coach. To be confirmed* the Team Leaders at this regatta are:</p> <ul style="list-style-type: none"> • New South Wales/NSWIS: Tim Jacobs / Christine Duff • Queensland/QAS: TBC* • South Australia/SASI: Nathan Luce / Kris Lepianka • Victoria: TBC* • Tasmania/TIS: Jeremy Norton • Western Australia/WAIS: Ramon Andersson / Mike Pond • AC National Coaches/Manager: Jimmy Owens, David Foureur, Andrea Wood, Mike Pond, Anna King, Christine Bain • <p>* Team Leaders are required to represent ALL their respective State entries. Individual athletes are not to represent themselves to the tower unless specifically requested to do so.</p> |

C A N O E
S P R I N T
S E R I E S
2015 / 2016

COMPETITION COMMITTEE

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| 3. | <p><u>Competition Committee</u> Chief Official: Greg Kaeding</p> <p>Three from Competition Roster of Mark O'Brien, Laura White, Mark Bulmer, Jim Murphy</p> <p><u>Jury:</u> Danielle Woodward – AC President (or nominee) Richard Fox – National Performance Director Ian Hume - AC Board Member *Subject to approval by the AC Board</p> |
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RULES

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| 4. | This event is being conducted under the Australian Canoeing Sprint Racing Competition Rules. The ICF Sprint Racing Competition Rules (2015) therefore apply as modified by the Australian Rules and this document. The event is also conducted under the bylaws of Australian Canoeing |
| 5. | It is the competitors' responsibility to know the rules of the competition. Any competitor who is unsure of any detail, or has a problem concerning the running of the championships should seek clarification via their Team Leader from the Chief Official. |
| 6. | Vocal coaching, keeping pace cycling or otherwise assisting from the side of the course is not permitted during an event and may result in disqualification of a competitor/s. |
| 7. | It is the responsibility of all competitors to ensure that their boats meet the construction requirements of the ICF rules. Facilities are provided for competitors to check the weight of their boats. The organising committee has lead sheet available for sale for this purpose. It must be paid for in cash - no IOU's will be accepted. The price of the lead is based on materials cost recovery only. |

C A N O E
S P R I N T
S E R I E S
2015 / 2016

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| 8. | NOTE changes to Rule 8 : “The boat must be constructed so that it remains buoyant when filled with water. No part of the athlete’s body should be attached to the boat in anyway. Such attachments must be removed prior to weighing.” Example no shoes attached to the foot rest during weighing. |
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ENTRIES

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| 9. | Entries are to be finalised at the Team Leaders meeting. <u>Additional Entries after the meeting are not permitted (including K4s).</u> Competitors may scratch entries before the start of the day’s competition or change team boat competition in Heats and Direct Finals <u>until ONE hour before the start of racing each day.</u> Competitors are not permitted to scratch from Semi-finals or subsequent Finals without the consent of the Chief Official. A doctor’s certificate is generally required in such cases. Entry to other events after the scratching meeting are not permitted one the regatta has commenced. |
| 10. | Late entries will close on the 23rd February 2016 at double the cost of entry |
| 11. | Unless alternative payment arrangements have been confirmed in writing with AC, all late fees and reinstatement fees owing from previous regattas have to be paid before a competitor is allowed to race their first event. Otherwise the athlete will not be allowed to paddle. Should an athlete be found to have paddled without having paid their late fees their result may be declared null and void. This WILL include any crew boat in which the athlete may have paddled prior to payment. |

PROGRESSIONS

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| 12. | ICF 8 lane progressions found in the ICF Canoe Sprint Rules will be used for this event to place athletes from heats to semis to finals. |
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C A N O E
S P R I N T
S E R I E S
2015 / 2016

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| 13. | ICF progressions will be used for the Olympic events and AC progressions for all non-Olympic events. |
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PROGRAMMES

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| 14. | Results, updated start lists, and news stories will be published on the Australian Canoeing website www.canoe.org.au under Events/Sprint. Provisional and then final results and race draws are posted on the results board at the finish tower after each race. When available, copies of the original day program with start list will be available from the secretariat 30minutes before the first race each day. The programs will cost \$1. NOTE: State Team Leader/Manager/s (as noted in point 2) will be allocated 2 complimentary start lists each day. |
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VENUE

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| 15. | Coaches, Team Managers, Athletes and Parents are not permitted to enter the TOWER and/or designated OFFICIALS ONLY areas. If there is an enquiry, issue, or you have been asked to report to the Chief Official etc., you MUST go to the SECRETARIAT area first to report the enquiry, issue, or to meet the Chief Official etc. Under NO CIRCUMSTANCES are individuals to enter the TOWER and/or other OFFICIALS ONLY areas during competition unless accompanied or directed by a member of the secretariat. |
| 16. | Due to potential impacts of pegs on grass and / or reticulation piping, please refer to local venue maps as to where you can set up your shade. When setting up tents participants are requested to be mindful of sprinkler lines which can be pointed out by Champion Lakes management staff. If professional marquees (hoecker style) are in use they must be weighted above ground rather than using long spikes. |
| 17. | Cycling is not permitted on the eastern (island side) of the course. Riding in front of the clubhouse and team/spectator areas is prohibited for reasons of safety. The cycling path on the western side of the course is for cyclists following the races. Cyclists are not permitted on the adjacent road which is for Sports Science and emergency use only. Persons riding along the eastern side the course must wear a bicycle |

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| | helmet in accordance with WA law. Driving on the western side of the course is prohibited without permission of the Competition committee. Any breach of these requirements may result in the disqualification of any competitor or crew concerned. Cyclists must not act in a manner that may result in pedestrian injury and or may be construed as 'coaching' from the sidelines which is not permitted under rule 6 of this document. Coaches, athletes and or supporters / spectators breaching this rule may cause an athlete to be disqualified from the event in question. Regatta officials are exempt. |
| 18. | Boat trailers and all other vehicles may only park in designated areas. Parking in the car park adjacent to the clubhouse will only be by permission from Champion Lakes management sought through the Competition Organiser. |
| 19. | The island will be locked each night and a security person will be on site overnight. Boats, trailers and tents may be left overnight at the owner's risk. Other items should not be left at the venue |
| 20. | It is highly recommended to bring sunscreen and lots of fluids, as the weather could be very hot and windy. Shade is very limited so teams should supply their own shelter. The event schedule may be delayed should the AC Extreme Heat Policy be triggered. The policy can be found on the AC website. |
| 21. | Food is available at the venue, and there is a shopping centre nearby. |

NUMBERS / START / FINISH / POST BOAT CONTROL

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| 22. | NOTE: There will be 8 racing lanes at Champion Lakes each of which will be 9m wide. Starting systems will be used for all distances, however in the event of start system failure, the 1000 metre races may be run using the pontoon and boat holders. 500m and 200 m races will be stationary starts without pontoon, unless otherwise advised. |
| 23. | All events are scheduled to race on time as per the program. Unless a formal delay period has been announced for an event/s, athletes are to be prepared to start their race at the published time. Athletes need to be aware that the Chief Official may cancel or suspend scheduled breaks in the program in order to resume scheduled race start times. |
| 24. | Competitors are required to present at the start line carrying their designated boat number. |

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| | Should a competitor/competitors present at the <u>start line without their boat number, they may be disqualified for the event.</u> |
| 25. | A competitor who arrives too late at the start (this includes presenting to the starter when the start procedure has commenced) or who otherwise does not start, and has no valid reason approved by the Chief Official prior to the start of the event, shall be disqualified from the race in question. Upon payment of the prescribed reinstatement fee the competitor may continue to participate in those other races of the regatta in which the competitor is entered, but otherwise shall be disqualified for the remainder of the regatta. Where a competitor is disqualified under this rule and has no other races remaining in the regatta, the competitor shall not be allowed to enter the next national competition unless the prescribed reinstatement fee has been paid. The reinstatement fee is \$100 for seniors and \$25 for juniors and veterans. |
| 26. | As per ICF rules, in races up to 1000 metres, competitors are required to <u>keep the whole of their boat within the 4m wide central area of their lane</u> from the start to the finish of the course. Upon any deviation, occurring the boat must go back immediately to this central area. No boat may come nearer than five metres in any direction to the boat of another competitor. |
| 27. | Competitors' attention is drawn to the ruling on false starts. Any competitor who makes a second false start will be disqualified from the race. The decision of the starter will be final. |
| 28. | Competitors in the vicinity of the course, or progressing to the start line for a race, are required to stop their boat while a race is in progress to ensure minimum interference to those racing from wash or back-wash. This is particularly relevant when paddling on the course to get to the start line and when exiting the warm-up lake near the 750m mark at Champion Lakes. Receiving external assistance or coaching is not permitted and may result in a competitor being disqualified. |
| 29. | All races may be subject to Boat Control after the finish. If your lane number is called you must exit the water at the post boat control chute at the designated area in the warm-up lake and proceed through the marked transit area to boat control. Only approved Sports Science personnel, AC officials, approved photographers and ASDA officials are permitted in the marked areas. Scales will be available for checking prior to racing. Permission to enter the area is otherwise granted by the Chief Official. No discussion with the Chief Official will be entered in to regarding any variation between pre-race and post-race boat weight unless specifically requested by the boat control official. |

C A N O E
 S P R I N T
 S E R I E S
 2015 / 2016

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|-----|---|
| 30. | Competitors must not paddle in close proximity to the starting area while a race is in the process of being started. |
| 31. | Competitors are to 'paddle through' by no more than 25 metres, and should not congregate in their boats in the vicinity of the finishing line in case they interfere with the judging or the finish of other boats in the event in progress. Paddlers are required to present themselves immediately for weighing and / or event presentations and NOT go for warm down prior to boat control, unless with the prior permission of the Chief Official. Failure to present to boat control within 5 minutes of the finish of an event may result in disqualification. |
| 32. | In cases where boats are to be immediately used in another event and need to be changed over quickly, permission must be sought from the Chief Official to paddle directly up the course. In such instances paddlers must cease paddling to the start should an interim event be in progress nearby. |
| 33. | Lane seeding for heats and direct finals will be based on the current AC 2015 /16 selection rankings. |
| 34. | Competitors' attention is also drawn to the fact that finish line buoys are 'indicative' of the finish line only, and that due to water and/ or wind conditions and / or technical reasons conditions may result in buoys NOT being in alignment with the photo finish line. Competitors are advised to paddle through the photo finish line to ensure video camera capture prior to ceasing paddling |

ASADA

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| 35. | Drug testing maybe carried out during the regatta by representatives from the Australian Sports Anti-Doping Agency (ASADA). Competitors are required to cooperate fully with their requests. Any competitor unsure of his/her obligations should seek clarification from the Chief Official. For further information, please check the ASADA website at http://www.asada.gov.au/index.html . |
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UNIFORMS

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| 36. | Competitors must wear an officially recognised Club or State uniform . International visitors competing must wear their ICF affiliated country or club uniform. Competitors may also wear State Institute or Academy branded uniform at the 2016 National Championships. |
| 37. | Any competition paddlers that are not members of an affiliated club of Australian Canoeing are required to compete in either a white T-shirt or white racing singlet to meet the intent of standard club uniform requirements for competition. In the circumstance that a competitor/s wish to wear a lycra or similar material paddling suit in competition, they are to wear a white singlet / T-shirt over such suit, such that any branding or advertising that may be on the suit is not visible in respect of a viewing audience, be it by filming, videography and / or by spectator and / or officials at the venue. Specific sponsor advertising and / or apparel / equipment logo approval must be obtained from Australian Canoeing before those items can be worn / used in AC controlled regattas. |

MEDAL PRESENTATIONS

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| 38. | <p>Medal ceremonies will be organized following finals in accordance with the medal presentation schedule. Long distance medals can be collected from the Secretariat.</p> <p>Where possible, Medal ceremonies will take place immediately following competition and post race boat control. Team Managers and coaches are asked to assist athletes attend medal ceremonies in a timely fashion and before any warming down process. A list of medal races will be published on the event website and posted on the results notice board.</p> |
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C A N O E
S P R I N T
S E R I E S
2015 / 2016

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MEDIA

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| 39. | Australian Canoeing Media Team will be in attendance to cover the event for social media and the AC website as well as for the national media. A Media Mixed Zone will operate between boat control and before/after medal presentations of Olympic and Paralympic Nomination events. |
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TEAM SELECTION AND TEAM ANNOUNCEMENTS

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| 40. | <p>The 2016 Australian Canoe Sprint National Championships is an Olympic Nomination Trial and a selection trial for junior, Under 23 and senior national teams. Subject to the completion of the selection process, Australian Canoeing will announce the selection of Athletes to the following Australian teams at the event:</p> <p>Junior and Under 23 World Championship Team Senior Team World Cups Paracanoe World Championship Team Olympic Hopes Team</p> <p>AC will also announce the Athletes selected for nomination to the Australian Olympic and Paralympic Committees for potential nomination to the 2016 Australian Olympic and Paralympic Teams</p> <p>The schedule of team or Olympic/Paralympic nomination announcements will be posted on the regattas website and on the notice board during the competition. Please refer to AC selection criteria on the AC website for further information.</p> |
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C A N O E
S P R I N T
S E R I E S
2015 / 2016

PFD'S

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| 41. | All competitors in 14 years and under age events must wear approved lifejackets (PFD's or personal flotation devices) which meet AS 4758. Team Leaders and coaches should ensure that these are available for use. |
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PROTESTS

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| 42. | Competitors wishing to protest on the result of an event must lodge their protest via their State/Team Manager to the Chief Official within 20 minutes of the completion of that event. The protest must be in writing and accompanied by a \$50.00 protest fee . Initial official results are to be considered provisional until the 20 minute protest period has elapsed. In the case of a protest being lodged, official results will not be confirmed until the Competition Committee has confirmed their decision and the result of the event in question. Managers, athletes and coaches need to be aware that this may in turn impact the timing in which race progressions are published, and numbers released at the numbers station. |
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UNSPORTING BEHAVIOUR

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| 43. | Any competitor who displays behaviour detrimental to the good order and conduct of the competition or is disrespectful to officials and volunteers may be disciplined or disqualified. An athlete or crew, which in the opinion of the Competition Committee deliberately does not compete to their ability in a race, and may affect their progression in an event or otherwise, may be disqualified from the event or from the remainder of the regatta. Further, any competitor who acts in a manner unbecoming of a member of Australian Canoeing or brings Australian Canoeing or the sport of canoeing into disrepute may be subject to disciplinary proceedings. |
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VOLUNTEERS

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| 44. | <p>Please remember that all officials and helpers are working as volunteers at the Championships. Please treat them with respect and courtesy. Should you have a suggestion for improvement of the regatta process, officiating or conduct of the event please lodge it in writing to the Chief Official at the Secretariat desk.</p> |
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