

## Competitor's Briefing

### Conditions:

- **All officials and helpers are volunteers.** Please treat them with respect and courtesy. Swearing or derogatory remarks aimed at officials and volunteers will see the athlete disqualified from the Championships and may result in further disciplinary action.
- The Championships are conducted under the ICF Canoe Sprint Racing Competition Rules - Current Version dated 1 January 2013 and AC Canoe Sprint Competition Rules. **It is the responsibility of the competitor to be familiar with these rules.**
- Changes and withdrawals to entries will be accepted via email to [qc.sprint@canoe.org.au](mailto:qc.sprint@canoe.org.au) up to 5:00pm on Friday 23 January 2015.
- In the event of a race cancellation due to cyclone, storm, rain, inclement weather, or other "Act of God" conditions, entry fees shall be non refundable.
- Competition Committee for the duration of the Championships is – **TBA**.
- Coaching or otherwise assisting from the side of the course is not permitted.
- Results, updated start lists, and news stories will be published on the Australian Canoeing Website [www.regattas.canoe.org.au](http://www.regattas.canoe.org.au) Copies of the start list will be available from the secretariat at 30mins before the first race each day.
- Cyclists on the side of the course **MUST** wear a helmet.
- Boat trailers and all other vehicles may only park in designated areas.
- It is highly recommended to bring sunscreen and lots of fluid, as the weather could be hot and windy.
- Any tents or temporary constructions for shade must be securely anchored. There is no security overnight and tents etc. are left at the risk of the owners.

### **Briefing:**

- Any competitor under 14 years of age, and any competitor who cannot swim or is not a strong swimmer must wear a PFD (minimum standard Type 2). The Competition Committee may direct others to wear a PFD.
- All craft must have positive or fixed buoyancy, or be constructed of material that floats horizontal when full of water.
- Swimming in Lake Kawana is **NOT** permitted during the regatta.
- Competitors are **ONLY** to enter and exit the water at the designated embarkation area.
- The onus is on the Competitor to be near the start (within 100 metres) with sufficient time (minimum 5 minutes) before their race.
- Any paddler who fails to compete in an event without advising the Chief Official in writing prior to the commencement of the nominated race may be disqualified from the championships.
- At the start competitors line up with the lane number to their left. Competitors should remain as close as possible to the centre of their lane during the race.
- The start commands will be - Ready, Set, GO!
- Competitors' attention is drawn to the rule on false starts. Any competitor who makes a second false start will be disqualified from the race. The decision of the starter is final.
- Competitors must not paddle in close proximity to the start area while a race is in the process of being started.
- Competitors should not congregate in their boats in the vicinity of the finish line in case they interfere with the judging or the finish of the event in progress.

- Competitors in the vicinity of the course (paddling to the start) should stop their boat while a race is in progress nearby, to ensure minimum interference to those racing. This is particularly relevant when paddling on the course to get to the start line.
- Boat Control – heats will be 4 random boats whilst semis and finals will be the first four boats. Failure to do so may result in disqualification from that race.
- Any competitor, parent, spectator, coach or any other person who displays behaviour detrimental to the good order and conduct of the competition will be disciplined or disqualified from the remainder of the Championships.
- Competitors are not permitted to paddle alongside a race in progress. Receiving external assistance is not permitted.
- Competitors **must** wear club colours/uniforms whilst competing at the Championships. Australian uniforms are NOT permitted. All competitors must wear appropriate upper body clothing. Failure to do so may result in not being allowed to start or disqualification.
- Drug testing may be carried out during the regatta by representatives from the Australian Sports Anti-Doping Agency (ASADA). Competitors are expected to cooperate fully with their respects. Any competitor unsure of his/her obligations should seek clarification from the Chief Official. For further information, please check the ASADA website [www.asada.gov.au](http://www.asada.gov.au)
- Competitors wishing to protest on the result of an event must lodge their protest to the Chief Official **within 20 minutes** of the completion of that event. The protest must be in writing and accompanied by \$50.00 fee.